

# Lincoln East Band Program



## 2017-2018 Handbook

Mr. Tom Thorpe, Director

Mr. Paul Kenney, Assistant Director

Miss Lisabeth Wissink, Assistant Director

Mrs. Jessica Riley, Color Guard Coordinator

## Introduction

This handbook has been prepared for the Lincoln East High School Band so that you and your parents will know the procedures and expectations for the 2017-18 school year. Please read this information carefully and thoroughly and keep it for future reference.

A performance schedule appears on the back pages of this handbook listing all the performance dates and important rehearsals where attendance is expected. Any additional dates will be given to you with a two-week notice. Please inform your parents, coaches, clubs, church groups, and employers about any potential conflicts. Be proactive!

The purpose of this handbook is to guide you to success in the Lincoln East Band Program. All of the materials will be utilized for rehearsal and performance preparation at some point throughout the summer and fall. Any additional materials to support the classroom aspects of participation will be given to you the first day of school. Please read thoroughly and keep on file at home.

These forms can also be found on the Band Booster website, along with other useful information, pictures, schedules, and important announcements as the year progresses.

[www.goband.org](http://www.goband.org)

# The Band Program

Students at Lincoln East are very fortunate to have a wide variety of quality music ensemble opportunities. Below is a brief summary of each group and its role in the East Band Program. These ensembles can be subdivided into two major groups:

**Co-Curricular** and **Extra-Curricular**.

**Co-curricular** ensembles are classes that meet during the school day and you must be enrolled through Lincoln East to participate. You receive a grade for these ensembles and therefore must adhere to the grading requirements set forth by each class.

Co-curricular classes often have outside-of-school time requirements at which students may be counted tardy, absent, or truant just as with any other class.

**Extra-Curricular** ensembles are not classes. They typically meet outside the school day and in no way are required to be in Band at East. They are meant to be extra opportunities that are open to East Band students. Extra-curricular ensembles do not receive grades but may have an attendance policy, depending on the ensemble.

## CO-CURRICULAR ENSEMBLES

### Marching Band

This is the first quarter portion of Band at East. Students will be expected to attend a camp in the summer. Students who do not attend this camp cannot be guaranteed a spot in the halftime show! This ensemble performs at all home football games and 4 marching festivals. All students will develop not only physical stamina, but memorization and multi-tasking skills.

### Wind Symphony

This ensemble begins playing in the second quarter after marching season is completed. It, along with Blue Note, is the top instrumental ensemble at East High School being that is based on audition played the previous spring. This ensemble will perform 4-5 concerts per year as well as perform at the All-City Large Ensemble Contest for adjudication in April.

## CO-CURRICULAR ENS. CONT'D.

### Symphonic Band

This ensemble also begins at 2<sup>nd</sup> quarter and is open to all 10-12 graders. This group will also perform 3-4 concerts per year as well as City Contest. The goal of this ensemble is to perform the highest quality literature available while at the same time preparing its members the musical skills necessary to perform in Wind Symphony in future years.

### Concert Band

This ensemble also begins at 2<sup>nd</sup> quarter and is made up of the East Band's 9th graders. This is a great opportunity to develop a musical "team" and sense of camaraderie between members. The main focus of the band is to develop solid fundamentals of playing in a concert ensemble and to best prepare students for Symphonic Band and Wind Symphony. The Concert Band will also perform 2-3 concerts per year and attend the All-City Contest in April.

### Blue Note Jazz Band

Membership in this ensemble is decided by audition the preceding spring. This ensemble will focus on learning the various elements of jazz through demonstrations, handouts, projects, lab work, and most importantly, performance. Potential performances include 3-4 concerts, 1-3 jazz festivals, and possible civic performances as they arise.

## EXTRA-CURRICULAR ENSEMBLES

### Prep Jazz Band(s)

This Jazz Band meets in the spring semester and is meant to be an introductory environment for those interested in playing in a jazz band setting. Typically meeting before school, possibly once or twice a week, this ensemble is meant to build a strong foundation of basic improvisational techniques that are needed to be selected into the Blue Note Jazz Band. The band's performances could depend on the instrumentation and maturity level from year to year. There is no audition for this band, only a willingness to learn.

## Blue Rush Pep Band

This pep band performs at all home basketball games in January and February, with some games possible in December. This group is based on audition that occurs in November and is usually limited to 30-40 members. Dates will be provided in advance and members will need to commit to all games! Students must be in band spring semester to be eligible for the pep band.

## Woodwind / Brass Choir

Brass Choir meets in the Fall Semester and Woodwind Choir meets in the Spring Semester. Usually meeting before the school day, these groups perform on one concert and could possibly have other local performances.

## Chamber Ensembles

Various other ensembles may be formed throughout the year, depending on the level of student interest. These might include percussion ensembles, miscellaneous duets, trios, quartets, etc. that might want to perform at the Solo & Ensemble Contest and the Tri-M Souper Bowl in February. These again are not required but are strongly encouraged and are an excellent way to develop musicianship in a chamber music setting. Students usually start selecting music in November and perform a first round audition during finals week in December.

## Solo Performances

Much like performing in the Small Ensembles, this opportunity will raise your musical ability to a whole new level. Solos also perform at Contest in February and usually must pass a first-round audition during finals week in December.

## Private Lessons

Lessons are highly encouraged! There is no way that we can match the one on one teaching in a classroom setting. It is an added expense, but there is nothing else that will raise your individual musicianship more quickly than private study. (See the attached list).

# Summer Band Dates 2017

June 19-20 Upperclassmen Color Guard Mini-Camp 9-12, 1-4  
 June 21 Freshman Color Guard Mini-Camp 9-12, 1-4

Music Monday: July 17 Woodwinds 1:00-2:30  
 Brass 2:30-4:00  
 Perc / Guard 1:00-4:00

## Band Camp:

July 24 Leadership Day 9-12, 1-4  
 July 25-27 Upperclassmen Percussion Mini-Camp 9-12, 1-4  
 July 27 Rookie Day (Freshmen + Leadership)  
 July 28 FULL BAND Day (Freshmen 9-12 only)  
 July 31-Aug 3 3-A-Days! 9-12, 1-4, 6-8:30 (Freshmen 9-12 only)  
 Aug. 4 9-12 ONLY then Exhibition Performance  
 @ 8:00pm @ Seacrest Field

# Performance Schedule

| DAY      | DATE  | EVENT                                 | LOCATION     | TIME        |
|----------|-------|---------------------------------------|--------------|-------------|
| Thursday | 8/31  | HOME Football Game                    | Seacrest     | 7:00pm      |
| Friday   | 9/8   | Away Football Game                    | Seacrest     | 8:00pm      |
| Friday   | 9/15  | HOME Football Game                    | Seacrest     | 8:00pm      |
| Thursday | 9/21  | HOME Football Game (HC)               | Seacrest     | 7:00pm      |
| Saturday | 9/30  | Capital City Championships            | Seacrest     | 1:00-7:00pm |
| Friday   | 10/6  | HOME Football Game (8 <sup>th</sup> ) | Seacrest     | 4:30pm      |
| Saturday | 10/7  | Harvest of Harmony                    | Grand Island | All Day     |
| Friday   | 10/13 | HOME Football Game (Sr)               | Seacrest     | 8:00pm      |
| Saturday | 10/14 | LPS Invitational                      | Seacrest     | 1:00-7:00pm |
| Saturday | 10/21 | NSBA State Marching Festival          | Seacrest     | 1:00-9:00pm |

## Grading Procedures and Expectations

By enrolling in band, we are expecting that you *want* to be here. The biggest expectation we have of East Band students is simply to be here. All of the parts are important. Grading is simple: show up on time, prepared, with the necessary materials and a positive attitude, and you get all the points. Each performance carries a point value with it and the total points may change each year, depending on any performances that may change.

Daily class participation is 5 points per day. Students may lose points for any of the following: failure to have materials (instrument, music), chewing gum, excessive talking, or any other non-compliance. If a student is gone for any reason, they do not receive those 5 daily points. If a class day is missed FOR ANY REASON, the absence form must be completed and turned in order for points to be made up. If multiple days are missed, there must be adequate practice time noted.

If at all possible we want to avoid conflicts with performances. Please let us know in advance of potential conflicts. Work is NOT an excused absence! Hair appointments are NOT excused! You have this schedule in plenty of time to work things around it.

For a grading breakdown the following is a *rough estimate* of points assigned for the semester:

|   |     |
|---|-----|
| Class Participation                         | 25% |
| Playing Tests/ Memory Checks                | 25% |
| Performances (Football Games, Competitions) | 50% |

### **IMPORTANT! Tardy policy:**

Even though the school day does not start until 8:00am, OUR CLASS starts at 7:30 (7:15 on Wednesdays.) Attendance will be taken and tracked accordingly. Proper steps following the school tardy policy will be taken for those who accumulate multiple tardies. Students who are consistently tardy may also lose performing privileges.

## Important Items for Band Camp!

1. Make sure your instrument is in working order. Summer is the best time to have it cleaned and/or repaired.
2. Make sure you have the proper supplies for the year:
  - a. Woodwinds: You need 3 working reeds at all times.
    - i. Get quality reeds for better performance: Mitchell-Laurie, La Voz, Van Doren.
    - ii. You MAY purchase plastic reeds but there is only one brand and type that creates a sound that mimics the tone quality of a normal reed, which produces the sound that we prefer in the Spartan Marching Band. It is the Legere Signature Series. **NOT** the Classic Series. <http://www.legere.com/> for more information.
  - b. Brass: You need valve, slide oil / cream, rotary oil.
    - i. You need a quality mouthpiece for your instrument. (No plastic!)
    - ii. Straight mute (not needed until concert season).
  - c. All Winds: You will need to purchase a lyre for your instrument. Take your instruments with you so you know the lyre will fit your instrument.
  - d. Percussion: **There will be a one-time Stick Fee of \$20 per student.** You will also need a pair of CONCERT snare drum sticks for after marching band season. Also, you will be provided with one pair of marching sticks/mallets for the marching season. If you break or lose your pair, you are responsible for getting an IDENTICAL pair from a music store.
  - e. Color Guard: You need a flag bag for your equipment.
3. Make sure you have a water bottle and sunscreen for band camp. A hat and light clothing will also help you keep cool during outdoor rehearsals. Tanning is not the major objective! It will be hot and you must take care of yourself throughout the camp. Make sure that you eat properly during breaks and you get plenty of fluids with each meal.
4. You need to wear comfortable tennis shoes and white socks during every rehearsal. Sandals/ Flip-flops are not allowed.
5. Finally, bring a positive attitude and an unprecedented work ethic –We have a lot to accomplish and have reduced the hours from previous years in trade for more intense and efficient rehearsal time.



## Marching Band Health and Physical Fitness

The show we are doing this fall will require musical and physical strength. During the course of band camp and the fall, we will do some exercises that will help develop your core strength. It is important to warm-up and stretch appropriately so that no injuries occur

Holding an instrument up in proper carriage position during a 10-minute show requires upper arm and shoulder strength. To help us with this, we ask that each student bring to band camp, 1 dumbbell/hand weight. We will use this during our marching fundamentals block as well as chart learning. Please refer to the table below that indicates the size of weight you need based on your instrument. If you do not have a hand weight at home, they can be found at various stores around town.



### One (1) dumbbell weight

Flutes, Clarinets - 5 pound

Alto Sax, Trumpet, Horn - 8 pound

Tenor / Bari Sax, Low Brass - 10 pound

Drumline (battery) - 1 pr. 3 pound

**WE NEED TO BE MUSICALLY AND PHYSICALLY STRONG THIS FALL!!!**

# Taking Care Of Yourself

We are in the heart of summer, which means HEAT and SUN.

## 1) WEAR SUNSCREEN

This is not the time to work on the tan.



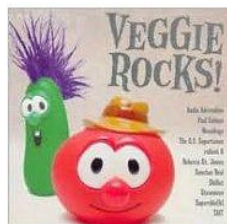
## 2) DRINK LOTS OF WATER

No caffeinated drinks like pop. This actually dehydrates you. If you feel thirsty, you are already dehydrated - GET WATER.



## 3) EAT HEALTHY

Don't skip breakfast - eat your fruits and vegetables.



## 4) TAKE CARE OF YOUR FEET

Wear appropriate shoes - Tennis shoes WITH socks. NO sandals or flip-flops are allowed in marching band and going barefoot is never an option.



### 5) BUG SPRAY

By the end of the summer, the mosquitoes are plentiful and they are big and hungry. For early morning and evening sessions, please put on some bug spray.



## Private Teacher List:

### Flute

|                   |              |  |
|-------------------|--------------|--|
| Dr. John Bailey   | 484-6809     | jbailey@lps.org  |
| Jennifer Bailey   | 484-6809     |  |
| Betsy Bobenhouse  | 488-6305     | BobenBetsy@aol.com   |
| Indra Brockman    | 420-3008     |  |
| Lindsay Carr      | 804-519-8699 | <a href="mailto:lindsayjcarr@gmail.com">lindsayjcarr@gmail.com</a> |
| Alison Fletcher   | 308-216-1164 | allison.fletcher@hotmail.com                                       |
| Debra Heald       | 781-9328     |  |
| Mary Howell       | 420-6741     | mdh@NebrWesleyan.edu   |
| Alyssa Willhelm   | 327-9113     |  |
| Priscilla Kliewer | 475-3250     |  |
| Sara Linde        | 641-4194     |  |
| Aubrey Logsdon    | 580-2450     |  |
| Lisa Myers        | 488-0151     |  |
| Sandy Murphy      | 438-1466     |  |
| Stephanie Spady   | 310-4459     |  |
| Brian Vuu         | 318-4758     | bvuu@aol.com   |
| Stephanie Varliek | 310-4459     |  |

### Oboe

|                  |          |                        |
|------------------|----------|------------------------|
| Chantry Nelson   | 429-4924 | marycsnelson@gmail.com |
| Susan Mausolf    | 488-2714 | unoboesam@neb.rr.com   |
| William McMullen | 472-2503 |                        |

### Clarinet

|               |          |  |
|---------------|----------|--|
| Julie Krueger | 423-5305 | jkrueger@lps.org                               |
| Angie Maske   | 430-4782 | armaske@aol.com                                |
| Mike Murphy   | 423-4754 | Mbacl@aol.com                                  |
| Mary Pfofner  | 438-3149 |  |
| Patricia West | 477-7198 | rwest1@unl.edu                                 |
| Becky Wilhelm | 327-0539 |  |
| Brian Vuu     | 318-4758 | <a href="mailto:bvuu@aol.com">bvuu@aol.com</a> |

### Bassoon

|                     |          |  |
|---------------------|----------|--|
| Karen Sandeen       | 435-4090 |  |
| Mary Chantry Nelson | 475-0755 |  |

## **Saxophone**

|                 |          |  |
|-----------------|----------|--|
| Brian Vuu       | 318-4758 | <a href="mailto:bvuu@aol.com">bvuu@aol.com</a>               |
| Dr. Paul Haar   |          | <a href="mailto:phaar2@unl.edu">phaar2@unl.edu</a>           |
| Zaneta Hahn     | 202-1647 |  |
| William Maltas  | 560-0938 |  |
| Mary Pfoltnr    | 438-3149 |  |
| Jacqueline Rush | 488-6755 | <a href="mailto:jrush@lps.org">jrush@lps.org</a>             |
| Max Theis       | 483-2784 |  |
| Juanita Trexel  | 327-7043 |  |
| Scott Vicroy    | 435-9627 | <a href="mailto:scottvicroy@mac.com">scottvicroy@mac.com</a> |

## **Horn**

|               |          |  |
|---------------|----------|--|
| Julie Brandon | 486-3948 |  |
| Ric Ricker    | 486-0852 |  |
| Rob Salistean | 429-0644 | <a href="mailto:rsalist@lps.org">rsalist@lps.org</a> |
| Graham House  | 438-2841 |  |

## **Trumpet**

|                   |          |  |
|-------------------|----------|--|
| Russell Zimmer    |          | <a href="mailto:russellzimmertrumpet@gmail.com">russellzimmertrumpet@gmail.com</a> |
| Taylor Cobb       | 540-1063 | <a href="mailto:tcobb37@gmail.com">tcobb37@gmail.com</a>                           |
| Tom Kelly         | 421-2452 | <a href="mailto:tk34333@alltel.net">tk34333@alltel.net</a>                         |
| Brad Obbink       | 489-6522 | <a href="mailto:bobbink@neb.rr.com">bobbink@neb.rr.com</a>                         |
| Jeff Patton       | 484-6179 | <a href="mailto:jjp3@alltel.net">jjp3@alltel.net</a>                               |
| Dr. Brian Pfoltnr | 438-3149 |  |

## **Trombone**

|                |          |  |
|----------------|----------|--|
| Luke Thallas   | 658-4117 |  |
| Terry Rush     | 488-6755 | <a href="mailto:trush@lps.org">trush@lps.org</a> |
| Jason Faas     | 742-7063 |  |
| Scott Anderson | 472-2488 |  |

## **Baritone/Tuba**

|             |          |  |
|-------------|----------|--|
| Gary Jungck | 477-4696 |  |
| Terry Rush  | 488-6755 | <a href="mailto:trush@lps.org">trush@lps.org</a>               |
| Matt Erb    |          | <a href="mailto:merb1@bigred.unl.edu">merb1@bigred.unl.edu</a> |

## **Percussion**

|               |          |  |
|---------------|----------|--|
| Rich Jones    | 477-5586 | <a href="mailto:rich@pnpt.com">rich@pnpt.com</a>                         |
| Joe Holmquist | 488-4303 |  |
| Dan Gruppo    | 658-1723 |  |
| Jason Elliott | 560-1936 |  |
| Kevin Kroon   | 477-0931 |  |
| Jason Varga   | 420-6255 |  |
| Andrew Wolf   |          | <a href="mailto:andrew@trinitylincoln.org">andrew@trinitylincoln.org</a> |

## **Bass Guitar**

|                |          |  |
|----------------|----------|--|
| Andy Hall      | 467-2752 | <a href="mailto:Jazplyer@aol.com">Jazplyer@aol.com</a> |
| Charlene Brown | 890-1859 |  |

Dietze Music House (downtown and at the south store) offers instruction on all instruments. For the South store, call 434-7454. For the East Park store call 476-6644.

Also remember that Lincoln has many places to hear music for free in the summer:

- Jazz in June at Sheldon Art gallery on Tuesday evenings
- Foundation Gardens Wednesdays at noon
- Southpointe Friday evening concerts
- Antelope Park on Sunday evenings – Municipal Concert Band

# Lincoln East Band Letter Application Form

NAME \_\_\_\_\_ Grade \_\_\_\_\_ First Year Lettering? Y / N

The Band Letter is rewarded to those who perform above and beyond the normal class requirements. You must participate in band all year to be eligible. Unless Color Guard members play an instrument for the rest of the year, they will receive a Color Guard pin, but not a letter.

**You must obtain 6 points from the list below.**

- \_\_\_\_\_ Marching Band + Wind Ensemble/ Symphonic Band/ Concert Band
- \_\_\_\_\_ Marching Band Leadership Staff
- \_\_\_\_\_ All-State Audition
- \_\_\_\_\_ Honor Band Audition Participation
- \_\_\_\_\_ Tri-M Member
- \_\_\_\_\_ Brass Choir
- \_\_\_\_\_ Solo / Ensemble performed at LPS Music Festival
- \_\_\_\_\_ Blue Note Jazz Band (Full Year)
- \_\_\_\_\_ Blue Rush Pep Band
- \_\_\_\_\_ Show Choir Pit Band
- \_\_\_\_\_ Private Lessons (Must have note from instructor)
- \_\_\_\_\_ Church band/orchestra member (Must be consistent and have note from group leader)
- \_\_\_\_\_ Music Mentor at Middle School or Elementary School –**15 hours** (needs to be pre-arranged, not just showing up at a school expecting to help out and get points.)
- \_\_\_\_\_ Service work or other projects to help the band (filing music, tightening stands, cleaning rooms, etc.) --**10 hours.**
- \_\_\_\_\_ Audience participation at local BAND concerts or other East Music Events (Musical, Play, Vocal concert, etc.) –**Must attend 4 to get the point.** (MUST attach programs)
- \_\_\_\_\_ Senior having been in band all 8 semesters of high school.
- \_\_\_\_\_ Lincoln Youth Symphony
- \_\_\_\_\_ Honor Band / All-State
- \_\_\_\_\_ Woodwind Choir
- \_\_\_\_\_ Prep Jazz Band
- \_\_\_\_\_ Musical Pit Orchestra

## Make-Up Practice Time for Absence

Name \_\_\_\_\_

Instrument \_\_\_\_\_ Grade \_\_\_\_\_

Date of absence \_\_\_\_\_

Circle -      Orchestra      Wind Ensemble      Symphonic Band      Concert Band

                 Marching Band      Blue Note Jazz Band      Prep Jazz Band

Amount of practice time \_\_\_\_\_ Date \_\_\_\_\_

(Minimum 30 minutes required for each missed rehearsal)

Material practiced: (discuss here what you practiced and what you accomplished - be specific)

Parent Signature if you practiced at home \_\_\_\_\_

Music Teacher Signature if you practiced at school \_\_\_\_\_

You must submit this form for each absence. Tardies – not allowed to be made up.

All make-up rehearsals should be completed within one week after the absence.

You must take the responsibility to submit this form to get credit.



**East Band Make-Up Assignment**  
**For Missing a Performance**

Name\_\_\_\_\_ Grade\_\_\_\_\_ Instrument\_\_\_\_\_

Date of Missed Performance\_\_\_\_\_ Submittal Date\_\_\_\_\_

I. Complete ONE absence make-up sheet.

**--AND--**

II. Complete the following brief written assignment:

Please complete the information below and write program notes for either:

- 1) One of our pieces being performed OR
- 2) A classical music selection from CD or MP3 file.

Title(s): \_\_\_\_\_

Composer(s): \_\_\_\_\_

Artist/Performer(s): \_\_\_\_\_

Genre(s): \_\_\_\_\_

Program notes are a brief summary (200-250 words) of the composer's biography and/or history or inspiration behind the piece and/or unique information and elements about the piece. Use the writing space below or attach a separate sheet. ***(This must be hand-written to receive credit.)***

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Please turn in to the music office within one week of the missed performance. Thank you!

## Important Phone Contacts

**School Phone - 436-1302.** Please leave a message. Our office hours are from 7:30 - 4:00 p.m.

Check the **Band Web site** for information on a regular basis: [www.goband.org](http://www.goband.org)

### **Directors:**

|             |                        |  |
|-------------|------------------------|--|
| Mr. Thorpe  | Director               | <a href="mailto:tthorpe@lps.org">tthorpe@lps.org</a>   |
| Mr. Kenney  | Director               | <a href="mailto:pkgenney@lps.org">pkgenney@lps.org</a> |
| Ms. Wissink | Director               | <a href="mailto:lwissink@lps.org">lwissink@lps.org</a> |
| Mr. Whitman | Music Department Chair | <a href="mailto:dwhit@lps.org">dwhit@lps.org</a>       |

### **Booster Officers:**

Becky Miratsky, President  
Tricia Kehn, Vice-President  
Miki Valenta, Secretary  
Melanie Peterson, Treasurer  
Sonya Brakeman, Communications

Contact the Booster Exec Team at: [eastbandexecutiveboard@gmail.com](mailto:eastbandexecutiveboard@gmail.com)

\* "Like" the Lincoln East Band page on Facebook and get news and updates!

